



## 2024 Diabetes Care & Education Self Study Series

Webpage for more information: <https://bit.ly/dces-series>

Link to order form: <https://bit.ly/dces-orderform>

Links to the handout, video presentation, and online evaluation form are included in the Confirmation Email.

Deadline to submit evaluation of completed module(s) for CE credit: **December 31, 2025**

**Rx = # of pharmacology contact hours** for the session

<b>Module # 1</b> (this session offers <b>1.0</b> contact hour of CE credit/ <b>0.25 Rx</b> )		
<b>Title</b>	<b>Presenter</b>	<b>Session Description</b>
Pediatric Type 2 Diabetes - Not Your Grandma's Diabetes	<p><b>Elizabeth A. Mann, MD</b> Pediatric Endocrinologist at UW Health Assistant professor in the Department of Pediatrics at the University of Wisconsin School of Medicine and Public Health</p> <p><b>Elizabeth Bender Roe, DNP, APNP</b> Advanced Practice Nurse Practitioner at UW Health - Pediatric Diabetes</p>	<p>--Explore the ways in which youth-onset type 2 diabetes differs from adult-onset type 2 diabetes</p> <p>--Describe strategies to manage youth-onset type 2 diabetes</p> <p>--Address medications - insulin and non-insulin - used in treatment of Type 2 Diabetes</p> <p>--Discuss impact of lifestyle modifications in the treatment of T2DM in children</p> <p>--Review barriers to care related to social determinants of health</p>
<b>Module # 2</b> (this session offers <b>1.0</b> contact hour of CE credit/ <b>0.75 Rx</b> )		
<b>Title</b>	<b>Presenter</b>	<b>Session Description</b>
Beyond Type 1 and Type 2: Genetic causes of diabetes and new categories of classification	<p><b>Dawn Belt Davis, MD, PhD</b> Professor at University of Wisconsin-Madison Section Chief, Endocrinology at William S. Middleton Memorial Veterans Hospital</p>	<p>--Discuss the overview of maturity-onset diabetes of the young (MODY); (background, genetics, signs/symptoms, treatment)</p> <p>--Discuss other rare forms of diabetes (mitochondrial disease, etc.)</p> <p>--Discuss latent auto-immune diabetes of adults (LADA) -(background and how fits into type 1 diabetes pathophysiology, signs/symptoms, risk factors, treatment, and prevention of progression to type 1 diabetes)</p> <p>-- Discuss the heterogeneity of type 2 diabetes (background, definitions, personalized therapeutic approaches)</p> <p>--Provide takeaways that healthcare providers can use to identify these patients sooner in their treatment regimen</p>

**Module # 3** (this session offers **1.0** contact hour of CE credit/**0.50 Rx**)

Title	Presenter	Session Description
Kidneys and Kale: Preventative kidney care associated with diabetes-related implications	<b>AnnaMarie Rodriguez, RDN, LD, FAND</b> Dietitian Consultant at Nutrition Directions LLC Renal Clinical Retention Specialist at Pentec Health	<ul style="list-style-type: none"> <li>-- Summarize an overview of chronic kidney disease including risk factors, signs and symptoms, and genetics.</li> <li>--Recognize people with CKD, and other chronic diseases, are at disadvantages associated with health inequities and food insecurity and how interventions can alleviate risks through the provision of equitable access to care.</li> <li>--Discuss the impacts of disproportionate CKD screening among at-risk populations.</li> <li>--Evaluate, interpret, and integrate currently available evidence on the inclusion of plant-based foods in nutrition care for those with CKD and diabetes to slow the progression of CKD to ESKD while optimizing biochemical parameters and quality of life.</li> </ul>

**Module # 4** (this session offers **1.0** contact hour of CE credit/**0.50 Rx**)

Title	Presenter	Session Description
Treating Obesity vs Treating Type 2 Diabetes: are they one in the same?	<b>Sam Pabich, MD, MPH</b> Endocrinologist/Scientist at William S. Middleton Memorial Veterans Hospital and UW Health Assistant professor in the Department of Medicine at the University of Wisconsin School of Medicine and Public Health	<ul style="list-style-type: none"> <li>-Explore the physiological connection between adiposity and diabetes</li> <li>-Discuss treatment regimens and efficacy for both diseases</li> <li>-Review how stigma and provider bias impact care of people with diabetes and obesity</li> </ul>