



Wisconsin Maternal Care Education Self-Study Series

Webpage for more information and link to order/pay with credit card: bit.ly/maternal-care

Links to all 5 video presentations, handouts, and the online evaluation form are included in the Confirmation Email after purchase. View all presentations applicable to your learning needs and complete the corresponding sections on the evaluation form to earn CE credit.

Deadline to submit evaluation of completed module(s) for CE credit: **December 31, 2027**

	Title	Faculty	Session Learning Objectives
1	Understanding Mental Health Disparities in Black Mothers .75 contact hour	Micaela Berry-Smith, BA, CD, CLC	<ul style="list-style-type: none"> • Discuss common lived experiences of Black mothers and how these lived experiences lead to mental health disparities. • Discuss how chronic stress impacts the lived experiences of Black mothers. • Discuss how racism impacts the lived experiences of Black mothers. • Discuss how social determinants of health impact the lived experiences of Black mothers. • Apply the principles of cultural competency, humility, and anti-bias to a case example and in practice.
2	Best Practices in Perinatal Mental Health Screening 1.0 contact hour	Latasha Brown, CNM, WHNP, APNP Obiageli Oniah, BS, CPD Deejay Zwaga, BS, MPH	<ul style="list-style-type: none"> • Describe strategies to detect mental health concerns in Black mothers. • Identify common mental health diagnoses in the perinatal period. • Discuss evidence-based screening tools and guidelines for administering those tools with perinatal patients. • Identify screening tools that may be applicable to certain health care specialties. • Apply best-practice principles for mental health screening to a case example and patients.
3	Understanding Medication Management in Perinatal Care for Black Mothers 1.0 contact hour/1.0 Rx	Christina L. Wichman, DO	<ul style="list-style-type: none"> • Discuss medication management considerations for mothers in the perinatal period. • Identify common medication safety misconceptions during the perinatal period. • Describe the impact of mental health and medication use stigma on Black mothers. • Discuss ways to conduct collaborative conversations about medication use and adherence with perinatal patients. • Apply medication-related concepts to a case example and in professional practice.
4	Leveraging Community Resources for the Perinatal Care of Black Mothers - Beloit 1.0 contact hour	Kari B Ziembra, FNP-C, EFM-C Jessica Faralli, RN, CLC, C-EFM	<p>Beloit, WI area focus:</p> <ul style="list-style-type: none"> • Describe community resources available to healthcare professionals. • Outline how to make strong interprofessional connections with community resources. • Describe community resources available to perinatal patients and their families. • Summarize how best to introduce community resources to patients and their families. • Outline the importance of offering multiple recommendations to access community resources over the course of pregnancy and post-natal care.
5	Leveraging Community Resources for the Perinatal Care of Black Mothers - Milwaukee .75 contact hour	Latasha Brown, CNM, WHNP, APNP	<p>Milwaukee, WI area focus:</p> <ul style="list-style-type: none"> • Describe community resources available to healthcare professionals. • Outline how to make strong interprofessional connections with community resources. • Describe community resources available to perinatal patients and their families. • Summarize how best to introduce community resources to patients and their families. • Outline the importance of offering multiple recommendations to access community resources over the course of pregnancy and post-natal care.